



Try a Spinning Class - FREE!

We would like to take this opportunity to thank you for visiting our website. As a token of our appreciation, we are offering a **One-time Spinning Pass** for first-time spinners to the Wellness Center.

To receive your free class, call 954-355-5139 and reserve your bike. Let the instructor know you are a first-time spinner. Then print this coupon and bring it to the front desk at the Wellness Center on the day of your class. You will need to show a photo ID to the front desk and complete a Health History form before attending the spinning class (no payment is necessary). Please arrive 20 minutes prior to class, and don't forget your water bottle! For more information please call 954-355-5521.

Terms and conditions: One coupon per person. Must be 18 or older to participate in the class. For more information and class schedules, visit BrowardHealth.org/bgwellness.

Call us if you have any questions!
Broward General Medical Center Wellness Center
954-355-5521



BROWARD HEALTH
Broward General Medical Center

Wellness Center

